DEFINITION OF BULLYING:

Bullying is unwanted aggressive behavior. The unwanted behavior is repeated overtime. Both the child, who is bullied and the bully may have serious lasting problems.

Types of Bullying:

Teasing
Name-calling
Leaving someone out on purpose
Physically harming someone

How to help Kids understand Bullying:

- 1. Talk about what a bully is and how to stand up to them.
- 2. Keep lines of communication open between you and your child at all times.
- 3. Encourage your child with love and support.
- 4. Be a role model on hot to treat others

At Gladewater Primary we will be discussing and have discussed being nice and considerate to all people. We have read "Have you filled a Bucket today" by Carol McCloud. This books discusses when we hurt others we are hurting ourselves. We have discussed what good manners looks like, and how if you don't treat people nice you don't have good manners. We will watch the Berenstain Bears video on a bully and recognize what they are what to do if we see one. We will read Billy Bully and discuss how the behavior is not correct.

All around Gladewater Primary there are posters of bullies with examples.

Please ask your child about all of these items.